# COVID-19

## What is COVID-19?
Coronavirus 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a new strain of coronavirus. It has since spread across the globe.

## Can I get COVID-19?
Yes. COVID-19 is spreading from person to person across the globe. Risk of COVID-19 infection is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19.

## How does COVID-19 spread?
COVID-19 is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

## What are the symptoms of COVID-19?
Patients with COVID-19 have had mild to severe respiratory illness with symptoms of FEVER, COUGH (usually dry), and SHORTNESS OF BREATH. Diarrhea is a less common symptom too.

## What are severe complications from this virus?
Some patients have pneumonia in both lungs, multi-organ failure, and in some cases death. Older people and those with chronic health conditions may be at higher risk of severe illness.

## Is there a vaccine?
There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people and washing your hands often.

## Is there a treatment?
There is no specific treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.
How To Protect Yourself

General
1. Avoid close contact with people (keep at least 6 feet of distance). Avoid crowded areas or crowded public transportation.
2. Avoid touching your eyes, nose, and mouth with unwashed hands.
3. Wash your hands often with soap and water for at least 20 seconds. If you do not have access to soap and water, use a hand sanitizer that contains at least 60% alcohol.
4. Make sure your tent has 12 feet x 12 feet of space to provide enough distance from other people.
5. Do not share tents if possible.
6. Do not share cigarettes or anything else that has touched another person’s mouth.

If you are sick, to keep from spreading respiratory illness to others, you should:
1. Isolate yourself from others as best you can.
2. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissue, then cough or sneeze into the bend in your arm.
3. Clean and disinfect frequently touched objects and surfaces.

Need help right away?
1. If you need help, please call your case manager: ____________________________
   ____________________________
2. If you are sick and cannot manage your symptoms outside, please call 911.

For more information: cdc.gov or endhomelessness.org/coronavirus-and-homelessness/